

UNIVERSITÀ DEGLI STUDI DI MILANO

Procedura di selezione per la chiamata a professore di I fascia da ricoprire ai sensi dell'art. 24, comma 6, della Legge n. 240/2010 per il settore concorsuale 06/B1- Medicina Interna, (settore scientifico-disciplinare MED/09 - Medicina Interna) presso il Dipartimento di SCIENZE CLINICHE E DI COMUNITÀ', Codice concorso 4688

Matteo Cesari

CURRICULUM VITAE

INFORMAZIONI PERSONALI (NON INSERIRE INDIRIZZO PRIVATO E TELEFONO FISSO O CELLULARE)

COGNOME	CESARI
NOME	MATTEO
DATA DI NASCITA	24 SETTEMBRE 1974

TITOLI

TITOLO DI STUDIO

Laurea in Medicina e Chirurgia presso l'Università Cattolica del Sacro Cuore (Roma, Italia), ottenuta il 19 ottobre 1999

TITOLO DI DOTTORE DI RICERCA O EQUIVALENTI, OVVERO, PER I SETTORI INTERESSATI, DEL DIPLOMA DI SPECIALIZZAZIONE MEDICA O EQUIVALENTE, CONSEGUITO IN ITALIA O ALL'ESTERO

Dottore di Ricerca in Medicina Preventiva in Età Geriatrica; titolo conseguito presso l'Università Cattolica del Sacro Cuore (Roma, Italia) il 3 marzo 2004

Diploma di Specializzazione in Geriatria; titolo conseguito presso l'Università Cattolica del Sacro Cuore (Roma, Italia) l'11 ottobre 2006

ATTIVITÀ DIDATTICA

INSEGNAMENTI E MODULI

2019-oggi: Direttore della Scuola di Specializzazione in Geriatria presso l'Università degli Studi di Milano (Milano)

2020-oggi: Docente al Master di Secondo Livello in Cure Palliative presso l'Università degli Studi di Milano (Milano). Insegnamento: Medicina Interna (18 ore/anno)

2018-oggi: Docente al Corso di Laurea in Scienze Infermieristiche (II anno) presso l'Università degli Studi di Milano (Milano). Insegnamento: Medicina e Farmacologia (30 ore/anno)

2018-oggi: Docente alla International School of Medicine (V anno) presso l'Università degli Studi di Milano (Milano). Insegnamento: Clinical practice (5 ore/anno)

2017-oggi: Docente del Corso di Dottorato in Scienze della Nutrizione presso l'Università degli Studi di Milano (Milano). Insegnamento: Nutrizione della persona anziana (10 ore/anno)

2017-oggi: Docente della Scuola di Specializzazione in Geriatria presso l'Università degli Studi di Milano (Milano). Insegnamento: Geriatria (I-IV anno: 40 ore/anno)

2017-oggi: Docente al Corso di Laurea Magistrale in Scienze Riabilitative presso l'Università degli Studi di Milano (Milano). Insegnamento: Corso professionalizzante interdisciplinare (8 ore/anno)

2017-oggi: Docente al Corso di Laurea in Medicina e Chirurgia (V e VI anno) presso l'Università degli Studi di Milano (Milano). Insegnamento: Clinica Medica (Polo Centrale: 9 ore/anno; IRCCS Policlinico San Donato: 20 ore/anno, Ospedale San Giuseppe: 6 ore/anno)

2013: Docente al Dottorato di Ricerca in “Biologie du Vieillessement” (Biology of Aging) presso l’Université de Toulouse III Paul Sabatier (Toulouse, Francia)

2012: Docente al Dottorato di Ricerca in “Le vieillissement: des mécanismes fondamentaux aux conséquences cliniques et sociétales” (Aging: from the basic mechanisms to the clinical and social consequences) presso l’Université de Toulouse III Paul Sabatier (Toulouse, Francia)

ATTIVITÀ DI DIDATTICA INTEGRATIVA E DI SERVIZIO AGLI STUDENTI

ATTIVITÀ DI RELATORE DI ELABORATI DI LAUREA, DI TESI DI LAUREA MAGISTRALE, DI TESI DI DOTTORATO E DI TESI DI SPECIALIZZAZIONE

2017-oggi: Relatore delle tesi di specializzazione in Geriatria presso l’Università degli Studi di Milano (Milano) dei seguenti dottori: Giulia Belloni, Laura Bertagnoli, Giulia Bonini, Marta Clerici, Federica Conti, Pasqualina Iannuzzi, Alice Manzoni, Vanessa Nunziata, Tiziano Nestola, Laura Orlandini, Enrica Patrizio, Giulia Pezzoni, Alex Riccardelli, Carlotta Vezza

2017-oggi: Relatore delle tesi di Laurea in Medicina e Chirurgia presso l’Università degli Studi di Milano (Milano) dei seguenti studenti: Luca Andreinetti, Ernesto Consorti, Mattia Corradi, Mauro Maccazzola, Inna Mishchuk, Mikita Novikau, David Rigamonti

2020: Relatore per la tesi di Dottorato di Ricerca in Scienze della Nutrizione della Dr.ssa Sarah Damanti presso l’Università degli Studi di Milano (Milano)

5-10-2017: Membro della Commissione valutatrice della tesi di dottorato di Fanny Buckinx presso l’Université de Liège (Liège, Belgio)

20-12-2016: Membro della Commissione valutatrice della tesi di Dottorato del Dr. Maturin Tabue Tongo in Public Health presso l’Université de Bordeaux Segalen (Bordeaux, Francia)

28-9-2016: Membro della Commissione valutatrice della tesi di laurea in Medicina e Chirurgia di Simon Dietlin presso l’Université de Toulouse III Paul Sabatier (Toulouse, Francia)

2015: Membro della Commissione valutatrice della tesi di Dottorato di Emiel Hoogendijk presso la VU University (Amsterdam, The Netherlands)

2014: Membro della Commissione valutatrice della tesi di Dottorato in Tossicologia del Dr. Bertrand Fougère presso l’Université Littoral Côte d’Opale (Dunkerque, Francia)

18-12-2012: Presidente della Commissione valutatrice della tesi di Dottorato di ricerca in Public Health del Dr. José Alberto Àvila-Funes presso l’Université de Bordeaux Segalen (Bordeaux, Francia)

2012: Membro della commissione valutatrice della tesi di Dottorato di David De Gonzalo Calvo presso l’Universidad de Oviedo (Spagna)

ATTIVITÀ DI TUTORATO DEGLI STUDENTI DI CORSI DI LAUREA E DI LAUREA MAGISTRALE E DI TUTORATO DI DOTTORANDI DI RICERCA

2017-oggi: Attività di tutorato per i seguenti dottorandi di ricerca in Scienze della Nutrizione presso l’Università degli Studi di Milano: Sarah Damanti (tesi discussa nel 2020), Domenico Azzolino (presentazione della tesi nel 2021)

2014-2017: Attività di tutorato e relatore della tesi di Dottorato di Matthieu Lilamand in Epidemiologia presso l’École Doctorale 420, Santé Publique Paris Sud 11, Paris Descartes (Paris, Francia)

2013-2015: Attività di tutorato e relatore della tesi di Marie Masbou, presso la Facoltà di Farmacia dell’Université de Toulouse III Paul Sabatier (Toulouse, France)

SEMINARI

24-1-2019: Guest Speaker/Docente al XIII European Academy for Medicine of Ageing Advanced Postgraduate Course in Geriatrics (Bruxelles, Belgio)

10-5-2017: Guest Speaker/Docente al corso di Dottorato (KI course 1639) su “Application of Epidemiological Approaches to Aging Research” presso l’Aging Research Center del Karolinska Institutet (Stockholm, Svezia)

26-1-2017: Guest Speaker/Docente al XII European Academy for Medicine of Ageing Advanced Postgraduate Course in Geriatrics (Blankenberg, Belgio)

21-22 June 2012: Direttore del Corso “International Course on Aging” organizzato dalla International Association of Gerontology and Geriatrics (IAGG) a Barcelona (Spagna)

ATTIVITÀ DI RICERCA SCIENTIFICA

PUBBLICAZIONI SCIENTIFICHE

1. Thompson MQ, Yu S, Tucker GR, Adams RJ, Cesari M, Theou O, Visvanathan R. Frailty and sarcopenia in combination are more predictive of mortality than either condition alone. *Maturitas*. 2021;144:102-107. doi:10.1016/j.maturitas.2020.11.009
2. Spolidoro GCI, Azzolino D, Shamir R, Cesari M, Agostoni C. Joint Effort towards Preventing Nutritional Deficiencies at the Extremes of Life during COVID-19. *Nutrients*. 2021;13(5). doi:10.3390/nu13051616
3. Simo N, Cesari M, Tchio H, et al. Frailty Index, Hospital Admission and Number of Days Spent in Hospital in Nursing Home Residents: Results from the Incur Study. *J Nutr Health Aging*. 2021;25(2):155-159. doi:10.1007/s12603-020-1561-7
4. Scarlata S, Finamore P, Laudisio A, [...], Cesari M. Association between frailty index, lung function, and major clinical determinants in chronic obstructive pulmonary disease. *Aging Clin Exp Res*. Published online May 19, 2021. doi:10.1007/s40520-021-01878-z
5. Sacchi L, Rotondo E, Pozzoli S, Fiorentini A, Schinco G, Mandelli C, Coppola C, Fumagalli GG, Carandini T, Pietroboni AM, Galimberti D, Triulzi F, Marotta G, Scarpini E, Cesari M, Brambilla P, Arighi A. Diogenes syndrome in dementia: a case report. *BJPsych Open*. 2021;7(2):e43. doi:10.1192/bjo.2020.171
6. Rolland Y, Cesari M, Morley JE, et al. Editorial: COVID19 Vaccination in Frail People. Lots of Hope and Some Questions. *J Nutr Health Aging*. 2021;25(2):146-147. doi:10.1007/s12603-021-1591-9
7. Rolland Y, Cesari M, Fielding RA, et al. Osteoporosis in Frail Older Adults: Recommendations for Research from the ICFSR Task Force 2020. *J Frailty Aging*. 2021;10:168-175. doi:10.14283/jfa.2021.4
8. Reginster J-Y, Beaudart C, Al-Daghri N, Avouac B, Bauer J, Bere N, Bruyère O, Cerreta F, Cesari M, et al. Update on the ESCO recommendation for the conduct of clinical trials for drugs aiming at the treatment of sarcopenia in older adults. *Aging Clin Exp Res*. 2021;33(1):3-17. doi:10.1007/s40520-020-01663-4
9. Proietti M, Cesari M. Describing the relationship between atrial fibrillation and frailty: Clinical implications and open research questions. *Exp Gerontol*. Published online June 18, 2021:111455. doi:10.1016/j.exger.2021.111455
10. Piau A, Steinmeyer Z, Cesari M, et al. Intrinsic Capacity Monitoring by Digital Biomarkers in Integrated Care for Older People (ICOPE). *J Frailty Aging*. 2021;10(2):132-138. doi:10.14283/jfa.2020.51
11. Petrella M, Aprahamian I, Mamoni RL, [...], Cesari M, et al. The effect of a multicomponent exercise protocol (VIVIFRIL©) on inflammatory profile and physical performance of older adults with different frailty status: study protocol for a randomized controlled trial. *BMC Geriatr*. 2021;21(1):83. doi:10.1186/s12877-021-02030-2
12. Pérez LM, Castellano-Tejedor C, Cesari M, et al. Depressive Symptoms, Fatigue and Social Relationships Influenced Physical Activity in Frail Older Community-Dwellers during the Spanish Lockdown due to the COVID-19 Pandemic. *Int J Environ Res Public Health*. 2021;18(2). doi:10.3390/ijerph18020808
13. Pelà G, Tagliaferri S, Perrino F, [...], Cesari M, et al. Determinants of cardiac structure in frail and sarcopenic elderly adults. *Exp Gerontol*. 2021;150:111351. doi:10.1016/j.exger.2021.111351
14. Patrizio E, Calvani R, Marzetti E, Cesari M. Physical Functional Assessment in Older Adults. *J Frailty Aging*. 2021;10(2):141-149. doi:10.14283/jfa.2020.61
15. Oviedo-Briones M, Laso ÁR, Carnicero JA, Cesari M, et al. A Comparison of Frailty Assessment Instruments in Different Clinical and Social Care Settings: The Frailtools Project. *J Am Med Dir Assoc*. 2021;22(3):607.e7-607.e12. doi:10.1016/j.jamda.2020.09.024
16. Nicolini P, Abbate C, Inglese S, Rossi PD, Mari D, Cesari M. Different dimensions of social support differentially predict psychological well-being in late life: opposite effects of perceived emotional

support and marital status on symptoms of anxiety and of depression in older outpatients in Italy. *Psychogeriatrics*. 2021;21(1):42-53. doi:10.1111/psyg.12633

17. Miralles O, Sanchez-Rodriguez D, Marco E, [...], Cesari M, et al. Unmet needs, health policies, and actions during the COVID-19 pandemic: a report from six European countries. *Eur Geriatr Med* 2021;12:193-204 doi:10.1007/s41999-020-00415-x

18. Lin SM, Borges MK, de Siqueira ASS, Biella MM, Jacob-Filho W, Cesari M, Voshaar RCO, Aprahamian I. Serotonin receptor inhibitor is associated with falls independent of frailty in older adults. *Aging Ment Health*. 2021;25(2):219-224. doi:10.1080/13607863.2019.1675143

19. Liao SJ, Lalic S, Sluggett JK, Cesari M, et al. Medication Management in Frail Older People: Consensus Principles for Clinical Practice, Research, and Education. *J Am Med Dir Assoc*. 2021;22(1):43-49. doi:10.1016/j.jamda.2020.05.004

20. Guerini FR, Cesari M, Arosio B. Hypothetical COVID-19 protection mechanism: hints from centenarians. *Immun Ageing*. 2021;18(1):15. doi:10.1186/s12979-021-00226-z

21. Gomez-Cabrero D, Walter S, Abugessaisa I, [...], Cesari M, et al. A robust machine learning framework to identify signatures for frailty: a nested case-control study in four aging European cohorts. *Geroscience*. 2021;43(3):1317-1329. doi:10.1007/s11357-021-00334-0

22. Geraci A, Calvani R, Ferri E, Marzetti E, Arosio B, Cesari M. Sarcopenia and Menopause: The Role of Estradiol. *Front Endocrinol (Lausanne)*. 2021;12:682012. doi:10.3389/fendo.2021.682012

23. Gallucci A, Trimarchi PD, Abbate C, Tuena C, Pedrolì E, Lattanzio F, Stramba-Badiale M, Cesari M, Giunco F. ICT technologies as new promising tools for the managing of frailty: a systematic review. *Aging Clin Exp Res*. 2021;33(6):1453-1464. doi:10.1007/s40520-020-01626-9

24. Gadelha AB, Cesari M, Corrêa HL, et al. Effects of pre-dialysis resistance training on sarcopenia, inflammatory profile, and anemia biomarkers in older community-dwelling patients with chronic kidney disease: a randomized controlled trial. *Int Urol Nephrol*. Published online February 20, 2021. doi:10.1007/s11255-021-02799-6

25. Fusco D, Ferrini A, Pasqualetti G, Giannotti C, Cesari M, Laudisio A, Ballestrero A, Scabini S, Odetti PR, Colloca GF, Monzani F, Nencioni A, Antonelli Incalzi R, Monacelli F. Comprehensive geriatric assessment in older adults with cancer: Recommendations by the Italian Society of Geriatrics and Gerontology (SIGG). *Eur J Clin Invest*. 2021;51(1):e13347. doi:10.1111/eci.13347

26. Damanti S, de Souto Barreto P, Rolland Y, Astrone P, Cesari M. Malnutrition and physical performance in nursing home residents: results from the INCUR study. *Aging Clin Exp Res*. Published online March 26, 2021. doi:10.1007/s40520-021-01798-y

27. Damanti S, Colloca GF, Ferrini A, Consonni D, Cesari M. Sarcopenia (and sarcopenic obesity) in older patients with gynecological malignancies. *J Geriatr Oncol*. 2021;12(3):467-469. doi:10.1016/j.jgo.2020.09.014

28. Crosignani S, Sadini C, Calvani R, Marzetti E, Cesari M. Sarcopenia in primary care: screening, diagnosis, management. *J Frailty Aging*. 2021;10(3):226-232. doi:10.14283/jfa.2020.63

29. Conti F, Damanti S, Cesari M, et al. A case of cognitive impairment finding solution after the onset of anisocoria. *Aging Clin Exp Res*. 2021;33(4):1089-1090. doi:10.1007/s40520-020-01599-9

30. Conti F, Consonni D, Damanti S, Nobili A, Pasina L, Mannucci PM, Cesari M, Rossi PD. Initiation of Psycholeptic Medication During Hospitalization With Recommendation for Discontinuation After Discharge. *J Am Med Dir Assoc*. 2021;22(1):96-100.e5. doi:10.1016/j.jamda.2020.08.004

31. Coelho-Júnior HJ, Uchida MC, Picca A, Bernabei R, Landi F, Calvani R, Cesari M, Marzetti E. Evidence-based recommendations for resistance and power training to prevent frailty in community-dwellers. *Aging Clin Exp Res*. Published online February 15, 2021. doi:10.1007/s40520-021-01802-5

32. Cesari M, Cherubini A, Guralnik JM, et al. Early detection of accelerated aging and cellular decline (AACD): A consensus statement. *Exp Gerontol*. 2021;146:111242. doi:10.1016/j.exger.2021.111242

33. Cesari M, Azzolino D, Arosio B, Canevelli M. Nutritional Interventions for Early Dementia. *J Nutr Health Aging*. 2021;25(5):688-691. doi:10.1007/s12603-021-1616-4

34. Cerasoli B, Piro N, Mandelli C, Cesari M. Conservative management and healing of oesophageal perforation in a frail old woman. *Age Ageing*. 2021;50(1):265-266. doi:10.1093/ageing/afaa170

35. Canevelli M, Arisi I, Bacigalupo I, [...], Cesari M, Bruno G. Biomarkers and phenotypic expression in Alzheimer's disease: exploring the contribution of frailty in the Alzheimer's Disease Neuroimaging Initiative. *Geroscience*. 2021;43(2):1039-1051. doi:10.1007/s11357-020-00293-y

36. Canevelli M, Vanacore N, Blasimme A, Bruno G, Cesari M. Overtreating Alzheimer's Disease. *J Prev Alzheimers Dis*. 2021;8(2):234-236. doi:10.14283/jpad.2020.74

37. Canevelli M, Remoli G, Toccaceli Blasi M, Tariciotti L, Sarli G, Valletta M, D'Antonio F, Vanacore N, Cesari M, Bruno G. Ongoing Research Protocols for the Pharmacological Treatment of Neuropsychiatric Symptoms in Dementia. *J Frailty Aging*. 2021;10(1):22-30. doi:10.14283/jfa.2020.36

38. Calvani R, Picca A, Marini F, Biancolillo A,[...], Cesari M, et al. Identification of biomarkers for physical frailty and sarcopenia through a new multi-marker approach: results from the BIOSPHERE study. *Geroscience*. 2021;43(2):727-740. doi:10.1007/s11357-020-00197-x
39. Caldiroli L, Armelloni S, Eskander A, [...], Cesari M, Vettoretti S. Association between the uremic toxins indoxyl-sulfate and p-cresyl-sulfate with sarcopenia and malnutrition in elderly patients with advanced chronic kidney disease. *Exp Gerontol*. 2021;147:111266. doi:10.1016/j.exger.2021.111266
40. Bozzi G, Mangioni D, Minoia F, [...], Cesari M, et al. Anakinra combined with methylprednisolone in patients with severe COVID-19 pneumonia and hyperinflammation: An observational cohort study. *J Allergy Clin Immunol*. 2021;147(2):561-566.e4. doi:10.1016/j.jaci.2020.11.006
41. Bonini G, Pasina L, Cortesi L, Cesari M, Bergamaschini L. Inappropriate prescribing in intermediate care facilities. *Aging Clin Exp Res*. 2021;33(4):1085-1088. doi:10.1007/s40520-020-01602-3
42. Bacalini MG, Gentilini D, Monti D, Garagnani P, Mari D, Cesari M, Ogliari G, Passarino G, Franceschi C, Pirazzini C, Arosio B. No association between frailty index and epigenetic clocks in Italian semi-supercentenarians. *Mech Ageing Dev*. 2021;197:111514. doi:10.1016/j.mad.2021.111514
43. Azzolino D, Passarelli PC, D'Addona A, Cesari M. Nutritional strategies for the rehabilitation of COVID-19 patients. *Eur J Clin Nutr*. 2021;75(4):728-730. doi:10.1038/s41430-020-00795-0
44. Astrone P, Cesari M. Integrated Care and Geriatrics: A Call to Renovation from the COVID-19 Pandemic. *J Frailty Aging*. 2021;10(2):182-183. doi:10.14283/jfa.2020.59
45. Arosio B, Cesari M. Nutrition and Muscle Health. *Nutrients*. 2021;13(3). doi:10.3390/nu13030797
46. Angioni D, Nicolay C, Vanderghyest F, Baré R, Cesari M, De Breucker S. Intrinsic Capacity Assessment by a Mobile Geriatric Team During the Covid-19 Pandemic. *Front Med (Lausanne)*. 2021;8:664681. doi:10.3389/fmed.2021.664681
47. Angioni D, Cesari M, Raffin J, et al. Neuroimaging correlates of persistent fatigue in older adults: A secondary analysis from the Multidomain Alzheimer Preventive Trial (MAPT) trial. *Aging Ment Health*. Published online June 4, 2021:1-7. doi:10.1080/13607863.2021.1932737
48. Abbate C, Trimarchi PD, Inglese S, Tomasini E, Bagarolo R, Giunco F, Cesari M. Signs and symptoms method in neuropsychology: A preliminary investigation of a standardized clinical interview for assessment of cognitive decline in dementia. *Appl Neuropsychol Adult*. 2021;28(3):282-296. doi:10.1080/23279095.2019.1630626
49. Abbate C, Trimarchi PD, Inglese S, [...], Cesari M. Possible clinical anatomical features of right Alzheimer's disease (RAD). *Aging Clin Exp Res*. 2021;33(3):669-671. doi:10.1007/s40520-020-01564-6
50. Vettoretti S, Caldiroli L, Porata G, Vezza C, Cesari M, Messa P. Frailty phenotype and multi-domain impairments in older patients with chronic kidney disease. *BMC Geriatr*. 2020;20(1):371. doi:10.1186/s12877-020-01757-8
51. Tabue-Teguo M, Perès K, Simo N, Le Goff M, Perez Zepeda MU, Féart C, Dartigues J-F, Amieva H, Cesari M. Gait speed and body mass index: Results from the AMI study. *PLoS One*. 2020;15(3):e0229979. doi:10.1371/journal.pone.0229979
52. Simo N, Kuate-Tegueu C, Ngankou-Tchankeu S, [...], Cesari M, et al. Correlates of diabetic polyneuropathy of the elderly in Sub-Saharan Africa. *PLoS One*. 2020;15(10):e0240602. doi:10.1371/journal.pone.0240602
53. Ruiz JG, Dent E, Morley JE, [...], Cesari M, et al. Screening for and Managing the Person with Frailty in Primary Care: ICFSR Consensus Guidelines. *J Nutr Health Aging*. 2020;24(9):920-927. doi:10.1007/s12603-020-1492-3
54. Rossi PD, Consonni D, Clerici M, Damanti S, Magni L, Bertagnoli L, Ciccone S, Pluderi M, Spagnoli D, Cesari M. Factors Associated With Response to Repeated Cerebrospinal Fluid Removal Procedures in Nonsurgical Candidates With Idiopathic Normal Pressure Hydrocephalus. *J Am Med Dir Assoc*. 2020;21(10):1511-1512.e1. doi:10.1016/j.jamda.2020.05.057
55. Rodriguez-Mañas L, Araujo de Carvalho I, Bhasin S, Bischoff-Ferrari HA, Cesari M, et al. ICFSR Task Force Perspective on Biomarkers for Sarcopenia and Frailty. *J Frailty Aging*. 2020;9(1):4-8. doi:10.14283/jfa.2019.32
56. Proietti M, Cesari M. Frailty: What Is It? *Adv Exp Med Biol*. 2020;1216:1-7. doi:10.1007/978-3-030-33330-0_1
57. Pintassilgo I, Cesari M, Santos HN, et al. The Lisbon patient: exceptional longevity with HIV suggests healthy aging as an ultimate goal for HIV care. *BMC Infect Dis*. 2020;20(1):290. doi:10.1186/s12879-020-05020-8
58. Picca A, Landi F, Cesari M. Editorial: Age-Related Changes in Body Composition: Mechanisms, Clinical Implications and Possible Treatments. *Front Med (Lausanne)*. 2020;7:230. doi:10.3389/fmed.2020.00230
59. Picca A, Calvani R, Cesari M, et al. Biomarkers of Physical Frailty and Sarcopenia: Coming up to the Place? *Int J Mol Sci*. 2020;21(16). doi:10.3390/ijms21165635

60. Pelà G, Tagliaferri S, Perrino F, [...], Cesari M, et al. Interaction of Skeletal and Left Ventricular Mass in Older Adults with Low Muscle Performance. *J Am Geriatr Soc*. Published online September 16, 2020. doi:10.1111/jgs.16812
61. Orlandini L, Nestola T, Colloca GF, Ferrini A, Cesari M. The Frailty Index in older women with gynecological cancer. *Aging Clin Exp Res*. 2020;32(8):1561-1565. doi:10.1007/s40520-020-01473-8
62. Orlandini L, Cesari M. Editorial: Should We Care More about Frailty When We Treat Diabetes? *J Frailty Aging*. 2020;9(2):66-67. doi:10.14283/jfa.2020.5
63. Nunziata V, Proietti M, Saporiti E, Calcaterra L, Rolland Y, Vellas B, Cesari M. Pain Management in Nursing Home Residents: Results from the INCUR Study. *J Nutr Health Aging*. 2020;24(9):1019-1022. doi:10.1007/s12603-020-1443-z
64. Nestola T, Orlandini L, Ferrari A, Monzani V, Gallimbeni G, Bergamaschini LC, Cesari M. Predictors of Successful Oxygen Weaning in Older Patients Undergoing Pulmonary Rehabilitation. *J Am Med Dir Assoc*. 2020;21(8):1153-1156. doi:10.1016/j.jamda.2020.01.099
65. Nestola T, Orlandini L, Beard JR, Cesari M. COVID-19 and Intrinsic Capacity. *J Nutr Health Aging*. 2020;24(7):692-695. doi:10.1007/s12603-020-1397-1
66. Muscedere J, Afilalo J, Araujo de Carvalho I, Cesari M, et al. Moving Towards Common Data Elements and Core Outcome Measures in Frailty Research. *J Frailty Aging*. 2020;9(1):14-22. doi:10.14283/jfa.2019.43
67. Melo RC, Cipolli GC, Buarque GLA, Yassuda MS, Cesari M, Oude Voshaar RC, Aprahamian I. Prevalence of Frailty in Brazilian Older Adults: A Systematic Review and Meta-analysis. *J Nutr Health Aging*. 2020;24(7):708-716. doi:10.1007/s12603-020-1398-0
68. McGrath R, Clark BC, Cesari M, et al. Handgrip strength asymmetry is associated with future falls in older Americans. *Aging Clin Exp Res*. Published online November 27, 2020. doi:10.1007/s40520-020-01757-z
69. McGrath R, Cawthon PM, Cesari M, et al. Handgrip Strength Asymmetry and Weakness Are Associated with Lower Cognitive Function: A Panel Study. *J Am Geriatr Soc*. 2020;68(9):2051-2058. doi:10.1111/jgs.16556
70. Lunardini F, Luperto M, Romeo M, [...], Cesari M, Borghese NA, Ferrante S. Supervised Digital Neuropsychological Tests for Cognitive Decline in Older Adults: Usability and Clinical Validity Study. *JMIR Mhealth Uhealth*. 2020;8(9):e17963. doi:10.2196/17963
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2. Cesari M, Calvani R, Marzetti E. Musculoskeletal aging, sarcopenia, and cancer, in Geriatric Oncology. Editors: Extermann M et al. Publisher: Springer (2020). ISBN: 978-3-319-44870-1
3. Fougere B, Cesari M. Prevention of frailty, in: Cambridge Handbook of Successful Aging. Editor: Benetos A. Publisher: Cambridge University Press (2019) ISBN: 1107162254
4. Cesari M, Theou O. Frailty: the broad view, in: Brocklehurst's Textbook of Geriatric Medicine and Gerontology, 8th Edition. Editors: Fillit HM, et al. Publisher: Elsevier (2017). ISBN: 9780702061851
5. Rolland Y, Cesari M, Vellas B. Sarcopenia, in: Brocklehurst's Textbook of Geriatric Medicine and Gerontology, 8th Edition. Editors: Fillit HM, et al. Publisher: Elsevier (2017). ISBN: 9780702061851
6. Canevelli M, Bruno G, Vanacore N, Cesari M. Mediterrean diet and dementia: can this be a preventive approach?, in: Role of the Mediterranean diet in the brain and neurodegenerative diseases. Editors: Farooqui T, Farooqui AA. Publisher: Academic Press (2017). ISBN: 978-0-12-811959-4
7. Cesari M, et al. Future of aging research, in: Aging Research - Methodological issues, 2nd Edition. Editors: Garcia-Pena C, et al. Publisher: Springer (2016). ISBN: 3319368702
8. Cesari M, Vellas B. Frailty in clinical practice, in Frailty: Pathophysiology, phenotype and patient care. Editors: Fielding RA, et al. Publisher: Karger (2015). ISBN: 978-3-318-05477-4.
9. Cesari M, et al. Antioxidant supplementation in older persons, in: Systems Biology of Free Radicals and Anti-Oxidants. Editor: Laher I. Publisher: Springer-Verlag (2014). ISBN: 978-3-642-30017-2
10. Pahor M, Cesari M. Study Design: Clinical Trials, in: Epidemiology of Aging. Editors: Newman AB, Cauley JA. Publisher: Springer (2013). ISBN: 978-94-007-5060-9
11. Cesari M, Vellas B. What are the new therapeutic approaches to sarcopenia?, in: Sarcopenia. Editor: Godeau P. Publisher: Springer Science (2013). ISBN: 978-2-918172-09-3
12. Rolland Y, Abellan van Kan G, Cesari M. Measurements of physical performance, in: Sarcopenia. Editors: Morley J, Cruz-Jentoft AJ. Publisher: Wiley-Blackwell (2013). ISBN: 978-1-119-97587-8
13. Cesari M, et al. Sarcopenia and frailty in older women, in: Women and aging: new research. Editors: Benninghouse BT et al. Publisher: Nova Science Publisher (2009). ISBN: 978-1-60456-575-1

Libri editi in italiano

1. Manuale di Geriatria, edito da Antonelli Incalzi R, Cesari M, Leosco D, Pedone C, Ungar A, Volpato S. Publisher: Edra (2019). ISBN: 8821448827

Capitoli di libro in italiano

1. Antonelli Incalzi R, Cesari M, Laudisio A, Pedone C. Terapia nel paziente anziano, in SIMI Handbook Terapia Medica. Editors: Corazza GR, Perticone F, Violi F. Publisher: Edra (2017). ISBN: 978-88-214-4178-3
2. Antonelli Incalzi R, Pedone C, Cesari M. Malattie croniche e comorbidità. In: Fabbri LM, Marsico SA, eds. Trattato di malattie respiratorie. Publisher: EdiSES (2013). ISBN: 9788879597494.

ORGANIZZAZIONE, DIREZIONE E COORDINAMENTO DI CENTRI O GRUPPI DI RICERCA NAZIONALI E INTERNAZIONALI O PARTECIPAZIONE AGLI STESSI

2011-oggi: Membro del Comitato Organizzatore e del Comitato Scientifico della International Conference on Frailty and Sarcopenia Research (ICFSR)

2013-oggi: Membro del Comitato Organizzatore e del Comitato Scientifico del Congrès Francophone Fragilité du Sujet Agé

2013-oggi: Coordinatore dello Special Interest Group "Frailty and Resilience in Older Persons" della European Geriatric Medicine Society (EuGMS)

2015-oggi: Associate Investigator del Centre of Research Excellence in Frailty and Healthy Ageing presso l'University of Adelaide (Adelaide, Australia)

2016-oggi: Membro dello Scientific Advisory Board della European Society for Clinical and Economic Aspects of Osteoporosis, Osteoarthritis, Frailty and Sarcopenia (ESCEO)

2016-oggi: Membro dello Steering Committee del World Health Organization - Clinical Consortium on Healthy Ageing

2017-oggi: Membro del Comitato Scientifico del Registro Politerapie SIMI, Società Italiana di Medicina Interna (REPOSI)

2014-2020: Workpackage leader e coordinatore per i centri di ricerca francesi del progetto Sarcopenia and physical frailty in older people: multicomponent treatment strategies (SPRINTT), finanziato dalla Innovative Medicines Initiative

2000-2002: Membro del Gruppo di Studio promosso dalla Società Italiana di Gerontologia e Geriatria (SIGG) sulla Valutazione Multidimensionale Geriatrica

1999-2004: Membro del Gruppo Italiano Farmacovigilanza dell'Anziano (GIFA)

ATTIVITÀ QUALI LA DIREZIONE O LA PARTECIPAZIONE A COMITATI EDITORIALI DI RIVISTE SCIENTIFICHE

2011-oggi: Editor-in-Chief di *Journal of Frailty & Aging*

2019-oggi: Senior Associate Editor di *Journal of the American Medical Directors Association (JAMDA)*

2014-oggi: Associate Editor di *Frontiers in Medicine - Section Geriatric Medicine*

2017-2019: Associate Editor di *Journal of the American Medical Directors Association (JAMDA)*

2014-2018: Associate Editor di *The Journal of Gerontology - Series A Medical Sciences*

Membro dell'Editorial Board di diverse riviste scientifiche, incluse: *Home Health Care Services Quarterly* (2012-oggi); *Annals of Geriatric Medicine and Research* (2016-oggi); *Journal of the American Geriatrics Society* (2017-oggi); *Journal of Nutrition, Health and Aging* (2011-2012; 2017-oggi); *The Journal of Gerontology - Series A Medical Sciences* (2005-2014; 2019-oggi); *Aging Clinical Experimental Research* (2019-oggi)

PREMI E RICONOSCIMENTI NAZIONALI E INTERNAZIONALI PER ATTIVITÀ DI RICERCA

2018: Ordine al merito della Repubblica Italiana con il grado di Ufficiale per l'attività scientifica svolta

2014-oggi: Indicato fra The World's Most Influential Scientific Minds/Highly Cited Researchers da Thomson Reuters/Clarivate Analytics

2011: Chair of Excellence da parte dell'Agence Nationale de la Recherche (ANR; Paris, Francia) per il progetto "Multidomain intervention for the prevention of disability in older persons"

2007: Swiss Bridge Foundation Award (Zurich, Svizzera) per il progetto "Onco-geriatric approach for the management of oncological older patients"

PARTECIPAZIONE IN QUALITÀ DI RELATORE A CONGRESSI E CONVEGNI DI INTERESSE INTERNAZIONALE

1. Cesari M. *COVID et fragilité: qu'avons-nous appris pour le futur*. 9^{ème} Congrès Francophone Fragilité et Prévention de la Dépendance du Sujet Agé. Virtual meeting. 10-6-2021

2. Cesari M. *COVID-19 and geriatric medicine: the Italian experience*. COVID-19 e-Congress. 3-12-2020

3. Cesari M. *Implications of COVID-19 on sarcopenia and frailty*. Australian and New Zealand Society for Sarcopenia and Frailty Research virtual meeting. 12-11-2020

4. Cesari M. *Frailty and intrinsic capacity: distinct but inter-related constructs*. Asian Conference on Frailty and Sarcopenia. Virtual meeting. 30-10-2020

5. Cesari M. *Solutions to address age-associated cellular decline and the aging immune system*. European Union Geriatric Medicine Society virtual meeting. 9-10-2020

6. Cesari M. *The renewal of the long term care system*. COVID-IC virtual meeting. 1-10-2020

7. Cesari M. *Diagnosing, management and measures of frailty*. European Respiratory Society virtual meeting. 9-9-2020
8. Cesari M. *I determinanti biologici della fragilità*. Convegno Annuale della Società Italiana di Gerontologia e Geriatria. Roma, 28-11-2019
9. Cesari M. *Sarcopenia: from theory to practice*. Health & Biomedical Congress. Singapore (Singapore), 11-10-2019
10. Cesari M. *How does care delivery need to transform to improve outcomes in older adults?* Health & Biomedical Congress. Singapore (Singapore), 11-10-2019
11. Cesari M. *Frailty and resilience: the convergence of two concepts*. European Union Geriatric Medicine Society Congress. Krakow (Polonia), 27-9-2019
12. Cesari M. *Age-associated cellular decline*. ESPEN Congress. Krakow (Polonia), 1-9-2019
13. Cesari M. *Complexity of the aging process and global health*. SINDEM meeting. Firenze 7-3-2019
14. Cesari M. *Intrinsic capacity*. International Conference on Frailty and Sarcopenia Research. Miami (FL, USA), 21-2-2019
15. Cesari M. *Quanto conta la fragilità?* Congresso della Società di Neurogeriatria. Roma, 14-12-2018
16. Cesari M. *Fragilità, età biologica e resilienza*. Convegno Annuale della Società Italiana di Gerontologia e Geriatria. Roma, 29-11-2018
17. Cesari M. *Frailty: physical vs. multidimensional*. European Union Geriatric Medicine Society Congress. Berlin (Germania), 12-10-2018
18. Cesari M. *Frailty, resilience, intrinsic capacity: three distinct and complementary concepts*. European Union Geriatric Medicine Society Congress. Berlin (Germania), 11-10-2018
19. Cesari M. *Active and healthy ageing*. ExpoSanità 2018. Bologna, 19-4-2018
20. Cesari M. *Screening tools for frailty*. 8° Convegno Nazionale della Sociedad Española de Medicina Geriátrica (SEMEG). Barcelona (Spagna), 13-4-2018
21. Cesari M. *The construct of frailty and of intrinsic capacity in public health and clinical perspective*. 1st Geriatric HIV Medicine Summit. Roma, 5-2-2018
22. Cesari M. *The assessment of frailty and multimorbidity*. Meeting della Fondazione Menarini "Multimorbidity - Complexity of patients with multiple chronic diseases". Roma, 14-12-2017
23. Cesari M. *La multidisciplinarietà nel corretto management della fragilità*. 62° Convegno della Società Italiana di Gerontologia e Geriatria (SIGG). Napoli, 1-12-2017
24. Cesari M. *Frailty: one word for multiple applications*. 2° Convegno della Australian and New Zealand Society for Sarcopenia and Frailty Research (ANZSSFR). Adelaide (Australia), 25-11-2017
26. Cesari M. *Update on comprehensive (geriatric) assessment*. World Health Organization - Clinical Consortium on Healthy Aging (CCHA) Annual Meeting. Geneva (Switzerland), 22-11-2017
27. Cesari M. *How to assess intrinsic capacity*. World Health Organization - Clinical Consortium on Healthy Aging (CCHA) Workstream Meeting. Yokohama (Japan), 19-10-2017
28. Cesari M. *Self-reported screening tools for detecting community-dwelling older persons with frailty*. 13° Congresso della European Union Geriatric Medicine Society. Nice (Francia), 22-9-2017
29. Cesari M. *Intersections between frailty and the concept of intrinsic capacity*, nel simposio della World Health Organization "WHO Clinical guidelines on integrated care for older people". Convegno della International Association of Gerontology and Geriatrics. San Francisco (CA, USA), 22-7-2017
30. Cesari M. *The frailty paradigm*. Neurosciences in Intensive Care International Symposium (NICIS). Paris (Francia), 8-6-2017
31. Cesari M. *Frailty: from theory to clinical practice*. 90° Meeting Annuale della Japanese Orthopaedic Association. Sendai (Japan), 20-5-2017
32. Cesari M. *The concept of frailty and prevention of disability*. Meeting Annuale della Société Professionnelle Suisse de Gériatrie (SPFG). Lausanne (Svizzera), 4-5-2017
33. Cesari M. *Standardized frailty outcomes and data relevant to health care systems across the world*. International Conference on Frailty and Sarcopenia Research. Barcelona (Spagna), 28-4-2017
34. Cesari M. *Biological theory for the construct of intrinsic capacity*, nel simposio della World Health Organization "Healthy Aging and Integrated Care for Older People". International Conference on Frailty and Sarcopenia Research. Barcelona (Spagna), 27-4-2017
35. Cesari M. *Why do we need standardization of appendicular lean body mass (ALBM) assessment?* International Conference on Frailty and Sarcopenia Research. Barcelona (Spagna), 27-4-2017
36. Cesari M. *What are we learning from SPRINTT*. International Conference on Frailty and Sarcopenia Research Task Force. Barcelona (Spagna), 26-4-2017
37. Cesari M. *Screening for declines in intrinsic capacity in older people*, nel simposio della World Health Organization "Integrated Care for Older People". World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases. Firenze, 23-3-2017
38. Cesari M. *Prevention and early detection of clinical conditions in the elderly*. WHO meeting "Developing an Ethical Framework in relation to Ageing and Health". Tubingen (Germania), 18-3-2017

39. Cesari M. *Fragilité et sarcopénie: définition, diagnostic, prise en charge*. Congrès Francophone Fragilité du Sujet Âgé. Paris (Francia), 16-3-2017
40. Cesari M. *Strengths and weaknesses in the choice of a mono- versus multidimensional approach to frailty*. 12° International Symposium of Geriatrics and Gerontology. Obu City (Japan), 4-3-2017
41. Cesari M. *The concept of frailty and the prevention of disability*. XII European Academy for Medicine of Ageing Advanced Postgraduate Course in Geriatrics. Blankenberge (Belgio), 26-1-2017
42. Cesari M. *Frailty and multimorbidity: overlapping or different constructs?* 12° Congresso Annuale della European Union Geriatric Medicine Society. Lisbon (Portogallo), 6-10-2016
43. Cesari M. *Frailty and nutrition*. Inaugural Conference of the Centre for Gerontological Nursing, School of Nursing, The Hong Kong Polytechnic University. Hong Kong (Cina), 27-5-2016
44. Cesari M. *Prevention of frailty*. International Conference on Healthy and Active Ageing: A New Paradigm for an Ageing Society. Seoul (Corea del Sud), 17-5-2016
45. Cesari M. *Introduction to the SPRINTT project*. International Seminar on Frailty Cohorts and Intervention Studies. Seoul (Corea del Sud), 16-5-2016
46. Cesari M. *Comorbidities in clinical trials on sarcopenia - How far should we go with inclusion and exclusion criteria?* International Conference on Frailty and Sarcopenia Research Task Force on Sarcopenia Trials. Philadelphia (PA, USA), 27-4-2016
47. Cesari M on behalf of the ESCO Experts Group. *Role of markers in the assessment and management of sarcopenia in daily practice*. World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases. Granada (Spagna), 15-4-2016
48. Cesari M. *Existing tools for the identification of frailty and multimorbidity: the importance of an integrated response*. SUNFRAIL Transnational Workshop. Bologna, 22-3-2016
49. Cesari M. *Nutrition in the elderly*. Sessione pre-congressuale del 2nd Annual Meeting of the Sri Lanka Association of Geriatric Medicine. Colombo (Sri Lanka), 19-11-2015
50. Cesari M. *Nutritional support in frailty prevention*. 2nd Annual Meeting of the Sri Lanka Association of Geriatric Medicine. Colombo (Sri Lanka), 20-11-2015
51. Cesari M. *Nutrition, frailty and prevention of disabilities with aging*. Keynote presentation allo Sri Lanka College of Physicians. Colombo (Sri Lanka), 19-11-2015
52. Cesari M. *Geriatrics for HIV physicians*. European AIDS Conference. Barcelona (Spain) 22-10-2015
53. Cesari M. *Frailty: concept and clinical consequences*. 17th International Workshop on Co-morbidities and Adverse Drug Reactions in HIV patients. Barcelona (Spagna), 21-10-2015
54. Cesari M. *Sarcopénie, composition corporelle et cancer*. 11° meeting della Société Francophone d'Onco-Gériatrie (SoFOG). Toulouse (Francia), 8-10-2015
55. Cesari M. *Risk assessment of the older person at risk of functional decline*. 11th Meeting of the European Union Geriatric Medicine Society. Oslo (Norvegia), 18-9-2015
57. Cesari M. *Diagnosing and treating frailty: a must for every clinician?* German Congress of Geriatrics. Frankfurt (Germania), 3-9-2015
58. Cesari M. *Frailty and sarcopenia, two sides of the same coin*. International Conference on Frailty and Sarcopenia Research. Boston (MA, USA), 24-4-2015
59. Cesari M. *Outcome for drug trials: secondary outcomes*. ICFSR Task Force: Pharmacological Intervention in Frailty and Sarcopenia. Boston (MA, USA), 22-4-2015
60. Cesari M. *Le projet SPRINTT*. Congrès Francophone Fragilité du Sujet Âgé. Paris (France) 12-3-2015
61. Cesari M. *Incidence des pneumopathies et ses conséquences chez les patients résidents en EHPAD*. Congrès Francophone Fragilité du Sujet Âgé. Paris (Francia), 13-3-2015
62. Cesari M. *Should we treat in the presymptomatic state?* 10° Congresso Annuale della European Union Geriatric Medicine Society. Rotterdam (The Netherlands), 18-9-2014
63. Cesari M. *Le interazioni farmacologiche nell'anziano*. IV Congresso Nazionale Società Italiana di Medicina Respiratoria Geriatrica. Palermo 31-5-2014
64. Cesari M. *The role of nutrition in modifying the risk of physical and cognitive frailty*. XIX Congresso Brasileiro de Geriatria e Gerontologia. Belem (Brasile) 29-4-2014
65. Cesari M. *Oxidative stress: the stress of aging*. XIX Congresso Brasileiro de Geriatria e Gerontologia. Belem (Brasile), 30-4-2014
66. Cesari M. *Nutrition et fragilité*. 2eme Congrès Francophone Fragilité des Personnes Âgées. Marseille (Francia) 3-4-2014
67. Cesari M. *Physiologic age versus chronologic age*. ESH International Conference on Haematological Disorders in the Elderly. Barcelona (Spagna), 7-11-2013
68. Cesari M. *The role of nutrition in modifying risk of physical and cognitive frailty*. 20th IAGG World Congress of Gerontology and Geriatrics. Seoul (Corea del Sud), 25-6-2013
69. Cesari M. *Le programme MINDED: repérage de la fragilité et prévention de la dépendance en milieu rural*. 1er Congrès Francophone Fragilité des Personnes Âgées. Toulouse (Francia), 18-4-2013
70. Cesari M. *Frailty*. Royal College of Physicians of Edinburgh. Edinburgh (Regno Unito), 12-4-2013

71. Cesari M. *The role of ROS in sarcopenia and antioxidant therapies*. International Conference on Sarcopenia Research. Orlando (FL, USA), 6-12-2012
72. Cesari M. *Physiopathological pathways between cognitive dysfunction and age-related changes in body composition*, International Conference on Sarcopenia Research. Orlando (FL, USA) 7-12-2012
73. Cesari M. *The Frailty Clinic in Toulouse*. 1st Annual Meeting of the Mexican Geriatrics Society. Mexico City (Messico), 30-8-2012
74. Cesari M. *Frailty and sarcopenia*. 2do Encuentro National Sobre Envejecimiento y Salud. Mexico City (Messico), 31-8-2012
75. Cesari M. *Clinical trials in older adults*. International Association of Gerontology and Geriatrics (IAGG) International Course on Aging. Barcelona (Spagna), 21-6-2012
76. Cesari M. *Is it possible to define frailty? Which criteria in 2012?* 3rd Workshop of the International Association of Gerontology and Geriatrics (IAGG). Athens (Grecia), 20-1-2012
77. Cesari M. *Frailty therapy*. 2011 Alliance for Healthy Aging Symposium on Frailty and Healthspan. Groningen (The Netherlands), 21-10-2011
78. Cesari M. *Brain aging*. International Conference on Nutrition & Aging. Tokyo (Giappone), 28-9-2011
79. Cesari M. *Design issues for therapeutic trials: the role of gait speed assessment*. International Conference on Sarcopenia Research. Toulouse (Francia), 8-6-2011
80. Cesari M. *Cut-off for DEXA muscle mass in sarcopenia trials*. International Conference on Sarcopenia Research. Toulouse (Francia), 9-6-2011
81. Cesari M. *Health-related consequences of anemia*. Center for Gerontology and Healthcare Research, Brown University Medical School. Providence (RI, USA), 15-11-2006

ATTIVITÀ GESTIONALI, ORGANIZZATIVE E DI SERVIZIO

INCARICHI DI GESTIONE E AD IMPEGNI ASSUNTI IN ORGANI COLLEGIALI E COMMISSIONI, PRESSO RILEVANTI ENTI PUBBLICI E PRIVATI E ORGANIZZAZIONI SCIENTIFICHE E CULTURALI, OVVERO PRESSO L'ATENEO O ALTRI ATENEI

- 2016-oggi: Membro dello Steering Committee del World Health Organization - Clinical Consortium on Healthy Ageing. *Attività di consulenza e supporto alle iniziative promosse dall'Organizzazione Mondiale della Sanità in favore dell'invecchiamento di successo*
- 2020-oggi: Membro della Commissione Ricerca del Dipartimento di Scienze Cliniche e di Comunità presso l'Università degli Studi di Milano
- 2015-2017: Membro del Comitato Etico dell'Université Fédérale Toulouse Midi-Pyrénées (Toulouse, Francia)

ATTIVITÀ CLINICO ASSISTENZIALI

- 2020-oggi (9 mesi): Direttore, UO Medicina Interna ad Indirizzo Geriatrico, IRCCS Istituti Clinici Scientifici Maugeri (Milano)
- 2017-2020 (3 anni): Direttore, UOSD Geriatria, Fondazione IRCCS Ca' Granda - Ospedale Maggiore Policlinico (Milano)
- 2011-2017 (6 anni, 7 mesi): Consultant, Gerontopole, Centre Hospitalier Universitaire de Toulouse (Toulouse, Francia)
- 2009-2011 (2 anni): Geriatra, Area di Geriatria, Università Campus Biomedico (Roma)
- 2008-2009 (1 anno, 6 mesi): Dirigente Medico, Centro Medicina dell'Invecchiamento, Policlinico Universitario Agostino Gemelli (Roma)

Data

23-6-2021

Luogo

Milano, Italia